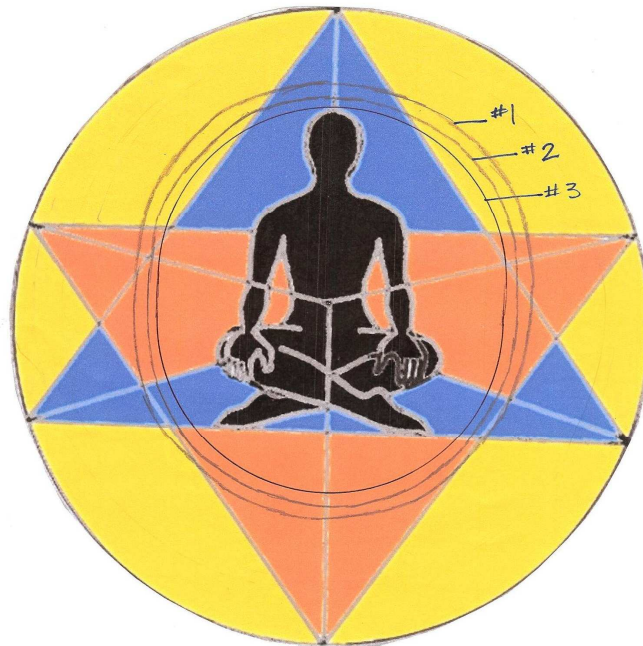


This channeled prayer was given to me Michelle Whitedove by Archangel Metatron the scribe for God. It is my hope that you will use it daily as I do. ~ Michelle Whitedove

The Metatron Prayer of Protection and Abundance

This is a prayer of Visualization and Spoken word. Your words will evoke matter into being as you surround yourself with Gods Protective Light and Energy.

- 1) Step 1- Clockwise put up your first shield – a **sphere of silver light, which is the Christ Consciousness**. Visualize God protecting you. See yourself encased in a 3-Dimensional bubble of silver light that encircles your entire body. As you visualize - Say a personal prayer of thanks (example: May everything that I say and do come from unconditional love and the Christ Consciousness.)



- 2) Now put up your second shield - Imagine a **Mirrored Sphere facing OUTward**, to reflect back any negativity or darkness aimed at you. This mirror will bounce the negativity right back to the sender – instant Karma. Only Love and light will penetrate this shield. As you visualize - Say a personal prayer of thanks (example: I surround myself with a mirrored sphere facing outward to repel all negativity, I give thanks for the protection of Metatron. Only Love and Light may enter my force field.)
- 3) The third shield is a **Golden bubble of light, of the Angel kingdom**. Visualize yourself embraced by the angels. Bright Gold Dust is falling all around you. As you visualize - Say a personal prayer of thanks (example: I call my guardian Angels to me, I give thanks for their, love. protection and support. I am open to hear their messages. Though God, anything that I touch, have touched, or will touch turns to gold and brings abundance)

Cont.

- 4) Then **visualize a 3-D pyramid** up around you, then a pyramid facing down around you, like a three dimensional Star of David, sacred geometry. When you've done this, you have created your own personal lightship called the Merkaba OR Lotus Flower.



- 5) Now **seal yourself in one giant sphere of God's white protective light** encasing all.
- 6) **For Lightworkers:** After you have completed the entire prayer you can open up your crown chakra to Mother-Father-God for a clear connection to heaven. But only after you have already sealed your self inside all of the shields.

Note: Please take your time and follow the steps in precise order. It will take a few weeks to really memorize the steps. Give the prayer two weeks of daily use, and you will see a difference. ^i^

As given to Michelle Whitedove by Metatron
www.MichelleWhitedove.com