## The Metatron Prayer of Protection and Abundance

This is a prayer of Visualization and Spoken word. Your words will evoke matter into being as you surround yourself with Gods Protective Light and Energy.

 Step 1- Clockwise put up your first shield – a sphere of silver light, which is the Christ Consciousness. Visualize God protecting you. See yourself encased in a 3-Dimensional bubble of silver light that encircles your entire body. As you visualize - Say a personal prayer of thanks (example: May everything that I say and do come from unconditional love and the Christ Consciousness.)



- 2) Now put up your second shield Imagine a Mirrored Sphere facing OUTward, to reflect back any negativity or darkness aimed at you. This mirror will bounce the negativity right back to the sender instant Karma. Only Love and light will penetrate this shield. As you visualize Say a personal prayer of thanks (example: I surround myself with a mirrored sphere facing outward to repel all negativity, I give thanks for the protection of Metatron. Only Love and Light may enter my force field.)
- 3) The third shield is a Golden bubble of light, of the Angel kingdom. Visualize yourself embraced by the angels. Bright Gold Dust is falling all around you. As you visualize Say a personal prayer of thanks (example: I call my guardian Angels to me, I give thanks for their, love. protection and support. I am open to hear their messages. Though God, anything that I touch, have touched, or will touch turns to gold and brings abundance)

Cont.

4) Then **visualize a 3-D pyramid** up around you, then a pyramid facing down around you, like a three dimensional Star of David, sacred geometry. When you've done this, you have created your own personal lightship called the Merkaba OR Lotus Flower.



- 5) Now seal yourself in one giant sphere of God's white protective light encasing all.
- 6) **For Lightworkers:** After you have completed the entire prayer you can open up your crown chakra to Mother-Father-God for a clear connection to heaven. But only after you have already sealed your self inside all of the shields.

**Note**: Please take your time and follow the steps in precise order. It will take a few weeks to really memorize the steps. Give the prayer two weeks of daily use, and you will see a difference.  $^{i^{-1}}$ 

As given to Michelle Whitedove by Metatron www.MichelleWhitedove.com